

Jackson State University

2019-2020 Cheerleading and Mascot Tryout Requirements

Fitness Requirement

- We do not have a minimum or maximum height/weight requirement. There are, however, fitness requirements. Program participants must be in good physical condition to properly wear the uniform and to handle the intense physical training and performing.

General Requirements for Cheerleaders/Tumblers

- Minimum grade point average (G.P.A.) for all currently enrolled full-time students trying out for Cheerleading is **2.7** (cumulative)
- Must have a letter of acceptance from Jackson State University (required for all incoming freshman and transfer students)
- Headshot (current photo)
- Must turn in all items from tryout package by the last day of try-out clinic.
- Previous cheerleading/tumbler and tiger mascot experience (High school level minimum)
- Must have stunting ability/skills (Males and Females trying out for co-ed must have chair, walk-up to hands, toss hands, and hands extension required for tryouts)
- Tumbling- minimum back handspring, standing tuck or running back handspring tuck for females and males.
- Jumps: Toe Touch, Double Toe Touch, and Toe Touch with back handspring, etc....
- Cheer/Chant/ Dance Routine taught during tryout clinic.
- Attire for clinic:
 - Females: black sports bra, black spunks or shorts, and cheer bow. Hair half up/down.
 - Males: Black shorts (no logo), plain white t-shirt
 - **Everyone must wear white cheer shoes**
- Appearance for Tryout Day:
 - Females: look “game-ready,” with hair and make-up done as you would for a game.
 - Wear a cheer bow with hair in a ponytail (all the way up or half-up/down)
 - No long nails or bright polish and only stud earrings for females.
 - Males: Clean white t-shirt, black shorts. You should be clean –shaven and well-groomed and no jewelry.

JSU Tiger Mascot General Requirements

- Minimum grade point average (G.P.A.) for all currently enrolled full-time students trying out for Mascot is **2.7** (cumulative)
- Must have a letter of acceptance from Jackson State University (required for all incoming freshman and transfer students)
- Headshot (current photo)
- Must provide black tights and black shorts for performance
- Bring two(2) clean, white T-shirts for performance
- Performance Guidelines:
 - Never talk while in uniform
 - Perform a 2-3 minute routine with props and music (you must provide your own music)
 - Gesture to game situation questions asked by judges. Show spirit on and off performance area.