Focus

Find a non-distracting place to study. NO T.V., phones, or noisy groups of people.

Organize materials before study time so that your time is useful.

Concentration is intended. Give yourself adequate time without exhausting yourself.

Use activities that promote concentration, like writing while studying.

Study breaks should be taken in 5-minute increments for those who have wandering minds.

JSU Classroom Etiquette


Undergraduate Studies

Dr. Robert Blaine, Dean of Undergraduate Studies and CyberLearning