

A Posture for Learning in WEB-BASED COURSES



Cameras On!

Have your cameras on with the flexibility to turn them off, if and when necessary.

Be On Time

Log on to the appropriate online course platforms early or on-time.



Be Attentive

Be an active participant during online lectures and discussions.

Stay focused and engaged.



Workspace

Select a workspace at a desk or table, in a well-lit area, free of distractions, and be ready to write, type, and talk.



Presentation

Select comfortable, but appropriate clothing.

Present yourself well!



Shhhhhh...

Have your microphones muted until you are ready to speak.

