

# JACKSON STATE UNIVERSITY CAREER SERVICES CENTER

**Tierra Fennoy**



**Major:**  
Healthcare Administration  
**Graduation Date:**  
May 2019

**Position:** Intern

**Organization Name & Location:** I started in July 2019 as a part-time intern, unpaid, for Touchette Regional Hospital. As of January 2020, I have a full time paid internship position with Southern Illinois Healthcare Foundation (SIHF), of which Touchette Hospital is a controlled-affiliate.

**How Has The Career Services Center Helped You?** The Career Services Center helped me, actually, on my first day at Touchette. I came in with my portfolio, gifted to me by the center, which helped me to be viewed as prepared and professional. I use important interview skills and resume building criteria continuously. As an intern, I am constantly refreshing my resume to reflect my newest experiences on the job. Also, when speaking to senior management, I am able to confidently insert myself into conversations and ask questions.

**Advice For Other Students:** My advice to any recent or upcoming graduates is to always ask questions and be open. I gained my first internship position through just talking, to my now mentor, at Cracker Barrel. It turns out she was the COO at the hospital! Sell yourself and don't shy away from who you are or what you can do. Also, unpaid work is not attractive, but experience can not be paid for. Working unpaid at the hospital got me noticed by the CEO at SIHF, which is how I gained this paid internship. From January 2019 - January 2020, I've networked and showcased my passion for my future. Always keep your goals at the front of your mind and take opportunities.