

**Jackson State University**  
**Health, Physical Education, and Recreation**  
**Bachelor of Science**

**Requirements for Therapeutic Recreation**

**Freshman Year**

			<b>F</b>	<b>S</b>	<b>Grade</b>
GUID	100	Concepts for Success in College	2		_____
HIST	101	History of Civilization	3		_____
HIST	102	History of Civilization		3	_____
ENG	104	Composition & Literature	3		_____
ENG	105	Composition & Literature		3	_____
BIO	101	Introduction to Biology	2		_____
BIOL	101	Introduction to Biology Lab	1		_____
MATH	111	College Algebra		3	_____
TREC	104	Introduction to Therapeutic Recreation	3		_____
HE	101	Concepts of Health		3	_____
MUS	205	Music Appreciation		3	_____
MFL	101	Foreign Language	3		_____
MFL	102	Foreign Language	—	<u>3</u>	_____
		<b>(Total Hours: 35)</b>	<b>17</b>	<b>18</b>	

**Sophomore Year**

PSY	201	General Psychology		3	_____
SPCH	201	Speech Arts		3	_____
SCI	201	Physical Science	2		_____
SCIL	201	Physical Science Lab	1		_____
ENG	205	World Literature	3		_____
REC	205	Cultural & Recreation Program Planning	3		_____
ENG	206	English Opt (213, 218, 233)		3	_____
ART	206	Art Appreciation		3	_____
TREC	218	History and Philosophy of TR	3		_____
PE	231	Intermediate Swimming		1	_____
BIO	234	Anatomy and Physiology	3		_____
BIOL	234	Anatomy and Physiology Lab	1		_____
TREC	225	Practicum in Therapeutic Recreation	1		_____
SS	201	Introduction to Social Institutions	—	<u>3</u>	_____
		<b>(Total Hours: 33)</b>	<b>17</b>	<b>16</b>	

**Undergraduate English Proficiency Examination (UEPE) must be taken after the sophomore year. Students not passing the exam will be placed in ENG 399.**

**Junior Year**

			<b>F</b>	<b>S</b>	<b>Grade</b>
PSY	216	Abnormal Psychology	3		_____
PHIL	301	Introduction to Philosophy		3	_____
REC	305	Facility Design and Maintenance		3	_____
REC	307	Recreation Leadership	3		_____
PE	309	Elem., Sec., Eth., & Folk Dance	1		_____
COUN	315	Human Growth and Development		3	_____
TREC	313	Implications of Disabling Conditions in TR		3	_____
PE	319	Kinesiology	3		_____
TREC	325	Practicum in Therapeutic Recreation		1	_____
TREC	329	Program Design and Evaluation in TR		3	_____
REC	350	Introduction to Leisure Education	<u>3</u>	-	_____
<b>(Total Hours: 29)</b>			<b>13</b>	<b>16</b>	

**Senior Year**

REC	405	Outdoor Recreation Programming	3		_____
TREC	415	Current Issues and Trends in TR	3		_____
TREC	418	Principles, Practices and Procedures in TR	3		_____
TREC	421	Management in Therapeutic Recreation	3		_____
TREC	423	Research and Evaluation in TR	3		_____
TREC	424	*Seminar in Therapeutic Recreation		3	_____
TREC	425	*Internship in Therapeutic Recreation	-	<u>9</u>	_____
<b>(Total Hours: 124)</b>			<b>15</b>	<b>12</b>	

**\*All courses must be completed prior to enrolling in TREC 424 and TREC 425.**

My signature verifies that I have received academic advisement in the Department of Health, Physical Education and Recreation and have concurred with the requirements for receiving the indicated degree and other such requirements that are contained in the program of study.

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\_\_\_\_\_  
Signature (Student)

\_\_\_\_\_  
Signature (Faculty)