

BACHELOR OF SCIENCE
Health, Physical
Education and
Recreation

*Health and Physical Education:
Non-Licensure*

The College of Education and Human Development Department of Health, Physical Education and Recreation offers the Health and Physical Education Non-Licensure concentration. This concentration is designed to cater to students who aspire to pursue careers in diverse fields such as Kinesiology, Exercise Science, Athletic Training, Physical Therapy, Occupational Therapy, Physician Assistant, and Clinical Exercise Physiology. This innovative program will provide students with a robust foundation in health and physical education, complemented by specialized coursework tailored to their specific career interests.

*College of
Education
and Human
Development*



College of Education and Human Development
Health, Physical Education and Recreation
CONCENTRATION: Health and Physical Education: Non-Licensure

FRESHMAN YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 100	University Success	2	UR		
ENG 104	Composition I	3	GEC		
MATH 111/103 or MATH 114	College Algebra or Quantitative Reasoning	3	GEC		
JSU ELECTIVE		3	DPR		
BIO 101 & BIOL	Intro to Biological Sciences	3	GEC		
	Humanities & Fine Arts Option	3	GEC		
	TOTAL CREDIT HOURS	17	TERM GPA:		

Note: JSU ELECTIVE courses are designed to help meet the needs of professional school prerequisites, interdisciplinary study or internship. Some courses outside of HPER may not be available or may not be convenient for you. Consult with your advisor often.

FRESHMAN YEAR SPRING 2nd SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
ENG 105	Composition II	3	GEC		
PSY 201	General Psychology	3	GEC		
	Natural Science Option	3	GEC		
	Humanities & Fine Arts Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments:

SOPHOMORE YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
BIO 234 & BIOL 234	Human Anatomy & Physiology and Lab	4	DPR		
HE 102	Health for Teachers	3	DPR		
PE 222	Intro to Physical Education	3	DPR		
	Humanities & Fine Arts Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Comments:

SOPHOMORE YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 200	Civic Engagement	1	UR		
ETEC 336	Advanced Multimedia in the Classroom	3	DPR		
HE 399	Human Sexuality	3	DPR		
PE 102	Badminton & Tennis	1	DPR		
PE 150	Basketball & Volleyball	1	DPR		
	Social & Behavioral Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments:

JUNIOR YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
ETEC 367	Intro to Assessment Measurement & Evalua-	3	DPR		
SPED 311	Exceptional Child and Youth in Schools	3	DPR		
HE 404	Family Living Education	3	DPR		
PE 319	Kinesiology	3	DPR		
PE 322	Motor Development and Moving Education	3	DPR		
PE 309	Elementary & Sec Folk Ethnic Rhythm &	1	DPR		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Comments:

JUNIOR YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
PE 320	Adapted Physical Education	3	DPR		
PE 350	Measurement, Evaluation & Statistics	3	DPR		
PE 360	Physiology of Muscular Activity	3	DPR		
HE 208	Epidemiology	3	DPR		
JSU ELECTIVE		3	DPR		
HE 206 or HE 323	Organization & Administration of School &	3	DPR		
	TOTAL CREDIT HOURS	18	TERM GPA:		

ELECTIVE courses are designed to help meet the needs of professional school prerequisites, interdisciplinary study or internship.

SENIOR YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
HE 333 or PE 411	Methods and Practices of Health or Methods in Physical Education	3	DPR		
HE 495	Problems and Issues in Health Education	3	DPR		
PE 445	P.E. in Elementary School	3	DPR		
RE 310	Teaching Reading in Content Areas	3	DPR		
JSU ELECTIVE		3	DPR		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments: JSU ELECTIVE courses are designed to help meet the needs of professional school prerequisites, interdisciplinary study or internship.

SENIOR YEAR FALL 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
JSU ELECTIVE		12	DPR		
	TOTAL CREDIT HOURS	12	TERM GPA:		

Comments:

On-line Graduation Clearance (TO BE COMPELTED DURING THE GRADUATING SEMESTER ONLY)

TOTAL HOURS: 124 REQUIRED

Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100: University Success; however, the student must take 2 hours of general electives to replace UNIV 100.

Student Signature: _____ Advisor Signature: _____