

BACHELOR OF SCIENCE

Health, Physical Education and Recreation -

Health and Physical Education (Licensure)

The College of Education and Human Development Department of Health, Physical Education and Recreation offers the Health and Physical Education (Teacher Licensure) concentration. This concentration prepares graduates for impactful careers as licensed educators committed to promoting health, physical fitness, and well-being among the next generation of students. With a strong foundation in pedagogy, content knowledge, and practical skills, graduates are poised to be advocates for health equity and social justice and make meaningful contributions to the field of education and positively impact the lives of their students and communities.

*College of
Education
and Human
Development*



College of Education and Human Development

Health, Physical Education and Recreation

CONCENTRATION: Health and Physical Education (Licensure)

FRESHMAN YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 100	University Success	2	UR		
ENG 104	Composition I	3	GEC		
MATH 111/103 or MATH 114	College Algebra or Quantitative Reasoning	3	GEC		
EDCI 100	Intro to Education	3	DPR		
BIO 101 & BIOL	Intro to Biological Sciences	3	GEC		
	Humanities & Fine Arts Option	3	GEC		
	TOTAL CREDIT HOURS	17	TERM GPA:		

Comments:

FRESHMAN YEAR SPRING 2nd SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
ENG 105	Composition II	3	GEC		
PSY 201	General Psychology	3	GEC		
	Natural Science Option	3	GEC		
	Humanities & Fine Arts Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments:

SOPHOMORE YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
BIO 234 & BIOL 234	Human Anatomy & Physiology and Lab	4	DPR		
HE 102	Health for Teachers	3	DPR		
PE 222	Intro to Physical Education	3	DPR		
	Humanities & Fine Arts Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Comments:

SOPHOMORE YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 200	Civic Engagement	1	UR		
ETEC 336	Advanced Multimedia in the Classroom	3	DPR		
HE 399	Human Sexuality	3	DPR		
PE 102	Badminton & Tennis	1	DPR		
PE 150	Basketball & Volleyball	1	DPR		
	Social & Behavioral Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments:



JUNIOR YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
ETEC 367	Intro to Assessment Measurement & Evaluation	3	DPR		
SPED 311	Exceptional Child and Youth in Schools	3	DPR		
HE 404	Family Living Education	3	DPR		
HE 206 or HE 323	Organization & Administration of School & Administration or Community Health	3	DPR		
PE 322	Motor Development and Moving Education	3	DPR		
PE 309	Elementary & Sec Folk Ethnic Rhythm &	1	DPR		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Comments:

JUNIOR YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
PE 320	Adapted Physical Education	3	DPR		
PE 350	Measurement, Evaluation & Statistics	3	DPR		
PE 360	Physiology of Muscular Activity	3	DPR		
HE 208	Epidemiology	3	DPR		
EDCI 301	Classroom Management and Learning Environment	3	DPR		
PE 319	Kinesiology	3	DPR		
	TOTAL CREDIT HOURS	18	TERM GPA:		

Comments:

SENIOR YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
HE 333 or PE 411	Methods and Practices of Health or Methods in Physical Education	3	DPR		
HE 495	Problems and Issues in Health Education	3	DPR		
PE 445	P.E. in Elementary School	3	DPR		
RE 310	Teaching Reading in Content Areas	3	DPR		
EDCI 401	Unit Planning, Assessment and Classroom Management	3	DPR		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments:

SENIOR YEAR FALL 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
EDCI 402	Clinical Internship in Student Teaching	12	DPR		
	TOTAL CREDIT HOURS	12	TERM GPA:		

Comments:

On-line Graduation Clearance (TO BE COMPLETED DURING THE GRADUATING SEMESTER ONLY)

TOTAL HOURS: 124 REQUIRED

Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100: University Success; however, the student must take 2 hours of general electives to replace UNIV 100.

Student Signature: _____

Advisor Signature: _____