HOW TO MAKE A PANEL

for the AIDS Memorial Quilt









Quilt making has such a powerful storytelling tradition and deep history in the South, particularly within the Black Community.

The Quilt is a powerful teaching tool that brings generations together to raise awareness about the ongoing epidemic, and the effect stigma and prejudice continue to have on the disproportionate impact of HIV/AIDS within communities of color.

You do not need to be an artist or know how to sew to create a moving, personal tribute. Whether you choose to paint on a bed sheet or sew elaborate embroidery is up to you -- any remembrance is appropriate.

Designing A Panel

When designing a panel, remember that the Quilt will be folded and unfolded many times, so durability of design and materials used are crucial to the panel's longevity.

Include the name of the friend or loved one you are remembering on the panel. Please note that a panel can be created to remember a group or more than one person. Feel free to include additional information such as the dates and places of birth and death.

Size and Background Material

The size of a completed panel is 3' x 6'. Since panels are sewn together to make a 12' x 12' sized Quilt, it is recommended to have at least 1" around the edge of the panel without any design elements like words or pictures. This will ensure that all of your design will be visible when the panels are sewn together.

Select durable and medium-weight non-stretch fabric for the background. Leave at least 2" of hem around the 3" x 6' panel that can be used to sew other panels to it to it to form a block of Quilt.

In partnership with





Our Call My Name panel making program ensures the stories of Black lives lost to HIV/AIDS are honored with panels on the AIDS Memorial Quilt. Through the making and display of panels this powerful program is helping ensure the Quilt reflects the epidemic's impact within marginalized and communities of color.

Help us call the names of Black lives lost to HIV/AIDS by making a panel for the AIDS Memorial Quilt that honors, celebrates, and remembers their stories.

- Make a Quilt panel
- Organize a panelmaking workshop
- Host the Quilt in your community
- Share the story of a loved one lost

QUESTIONS: If you need help, feel free to reach out to Jada Harris, Call My Name Manager at jharris@aidsmemorial.org

LEARN MORE:

www.aidsmemorial.org/quilt



Assembling a Panel: A panel can be designed to be vertical or horizontal. Here are some techniques that are consistently used when putting together a panel.

Applique: Sew fabric, letters and small mementos onto the background. Avoid glue if you can as it will not last on fabric.

Paint: Brush on textile paint or colorfast dye or use a permanent marker. Spray paint also works. Do not use "puff" paint as it can stick and ruin other panels after it is folded up.

Collage: Make sure any materials you add to the panel won't tear the fabric. Avoid large three dimensional objects or heavy metal pieces. Instead, recreate the objects in fabric and sew that into the panel -- it's effective and fun.

Photographs: The best way to include photos is to photocopy them onto iron-on transfers and then iron them onto the panel. you may also put the photos in clear, vinyl pouches and sew it to the panel.

Stencil: Trace your design onto the fabric with a pencil and use a brush to apply pain or a permanent marker.



Share your stories: Please include a letter and/or photographs of the person for whom the panel is being made for. In the letter, you can include a biography about the person, share interesting stories, or even include some reasons for creating the panel. This information will be included in our archives, which are located at the Library of Congress American Folklife Center.

When your panel is finished, pack it up and ship it to:

The National AIDS Memorial, 130 Doolittle Drive, Suite #2, San Leandro, CA 94577

ATTN: AIDS Memorial Ouilt New Panels

PRIMARY PANEL MAKER(S) INFORMATION	OFFICE USE ONLY
Name	Prod. Code
Street	12 x 12 No.
CityStateZIP	Date Received
Phone (eve)(day)	Date Received
Email	The person I made the panel for was my
Name(s) on Panel (Please Print)	(relationship)
Full Name(s) if different from above (Optional)	I'm including: Letter Photo(s)
	Dates on Panel
Important Cities	Call My Name Panel
My status as a panelmaker is confidential but I understand I will receive the National AIDS Memorial Newsletter and other communications.	l acknowledge that the National AIDS Memorial (Tax ID 82-439012) is the owner of this panel and any
I am already on the mailing listPlease do not exchange my name	accompanying documents I submit, and I assign to the National AIDS Memorial any right, title, and interest I may have in such submissions.
Also, I am willing to be contacted by the National AIDS Memorial when:	
News media/press are interested in my story or the panelSomeone requests information about the panel	Signature
Please include the names and email addresses of any additional panel makers on the back side of this form.	Date

3 ft