

**BACHELOR OF
SCIENCE**
**HEALTH, PHYSICAL
EDUCATION & RECREATION**
Health Education

The mission of the Department of Health, Physical Education and Recreation is to increase health equity throughout Mississippi. To accomplish this mission, the Health Education major prepares students to provide adolescents with functional health knowledge while strengthening their attitudes, beliefs, and practice skills needed to adopt and maintain healthy behaviors. Health Education majors receive hands-on student teaching experience in their senior year and earn Mississippi K-12 teacher licensure upon degree completion.

*College of
Education
and Human
Development*



COURSE TYPE DESCRIPTIONS

General Education Core	GEC	General Education Core (GEC) courses are courses that every student must take in order to obtain a degree from Jackson State University. GEC courses are essential to every undergraduate degree at Jackson State University. Collectively, there are 30 credit hours of GEC course requirements.
General Education Pathway	PATH	General Education Pathway (PATH) courses are courses that are connected through interdisciplinary themes and are selected at the student's discretion to fulfill the general education curriculum. Through experiential learning and reflective writing, students will have the opportunity to integrate knowledge across courses, develop their skills and an enhanced sense of civic responsibility. Students select nine (9) hours from the pathway of choice. Each pathway concludes with a related one (1) credit hour a University Required (UR) course.
University Required	UR	University Required (UR) courses are courses that are specific to Jackson State University and are designed to integrate students within the Jackson State University community by promoting student success resources, strategies and high impact practices.
Degree Program Requirement	DPR	Degree Program Required (DPR) courses are courses that are required for completion of a degree program within the specified major.
Electives	DPE or GEL	Electives are courses selected at a student's discretion and provide opportunities for students to pursue their academic interests. There are two types of electives. Degree Program Elective (DPE) courses are elective courses that are partially restricted such that students select courses from a specified group of identified courses (e.g., departmental elective courses) to fulfill a particular requirement. General Elective (GEL) courses are courses that may be selected from any program for which the student has fulfilled the proper prerequisites.
Professional Concentrations	PC	Professional Concentration (PC) courses complement Degree Program Required courses and allow students to have a concentrated area of study within the major.

Student Name: _____

J-Number: _____

Advisor: _____



COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT

**HEALTH, PHYSICAL EDUCATION & RECREATION
CONCENTRATION: HEALTH EDUCATION**

Entering Term: _____

Expected Graduation Date: _____

Pathway: _____

FRESHMAN YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 100	University Success	2	UR		
ENG 104	Composition I	3	GEC		
HE 122	Foundation of Health Education	3	DPR		
BIO 101 & BIOL 101	Introduction to Biological Sciences & Lab	3	GEC		
MATH 111 or MATH 114	College Algebra or Quantitative Reasoning	3	GEC		
	Humanities & Fine Arts Option	3	GEC		
	TOTAL CREDIT HOURS	17	TERM GPA:		

Comments: _____

FRESHMAN YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
ENG 105	Composition II	3	GEC		
HE 113	First Aid	3	DPR		
EDCI 100	Introduction to Education	3	DPR		
	Humanities & Fine Arts Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments: _____

SOPHOMORE YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
BIO 234 & BIOL 234	Human Anatomy & Physiology & Lab	4	GEC		
HE 206	Org & Admin of School & Community Health	3	DPR		
	Humanities & Fine Arts Option	3	GEC		
	Social & Behavioral Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Comments: _____

SOPHOMORE YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 200	Civic Engagement	1	UR		
ETEC 336	Advanced Multimedia in the Classroom	3	DPR		
HE 102	Concepts of Health for Teachers	3	DPR		
PSY 201	Introduction to Psychology	3	DPR		
	Social & Behavioral Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Admission to Teacher Education: _____ Faculty Advisor Signature: _____ Student Signature: _____

Comments: _____

JUNIOR YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
COUN 315	Human Growth & Development	3	DPR		
HE 498	Drug Education	3	DPR		
PE 319 or PE 360	Kinesiology or Physiology of Muscular Activity	3	DPR		
ETEC 367	Introduction to Assessment, Measurement & Evaluation	3	DPR		
	TOTAL CREDIT HOURS	12	TERM GPA:		

Praxis II Content: _____ PRAXIS PLT Grades 7-12: _____
 Comments: _____

JUNIOR YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
HE 208	Epidemiology of Diseases	3	DPR		
SS 203	Historical & Cultural Foundations of Education	3	DPR		
SPED 311	Exceptional Child & Youth in School	3	DPR		
HE 399	Human Sexuality	3	DPR		
EDCI 301	Classroom Management & Learning Environments	3	DPR		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Faculty Advisor Signature: _____ Student Signature _____ Date _____

**RC= Restricted courses that require admission to Teacher Education
 Clinical I (Senior Year First Semester)/. Content Area Methods Course is to be taken in conjunction with EDCI 401.
 There will be a common 40-60 hour clinical placement/experience coordinated by the EDCI 401 Instructor.**

SENIOR YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
HE 333	Methods & Practices in Health Education	3	DPR		
HE 401	Consumer Health & Safety Education	3	DPR		
HE 404	Family Living Education	3	DPR		
HE 495	Problems & Issues in Health Education	3	DPR		
RE 310	Teaching Reading in Content Area	3	DPR		
EDCI 401 (RC)	Unit Planning, Assessment, & Classroom Management	3	DPR		
	TOTAL CREDIT HOURS	18	TERM GPA:		

Admission to Student Teaching: _____ Clinical II (Senior Year Second Semester) Candidates must complete a minimum of 60 days of student teaching at assigned site.
 Comments: _____

SENIOR YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
EDCI 402 (RC)	Clinical Internship in Student Teaching	12	DPR		
	TOTAL CREDIT HOURS	12	TERM GPA:		

Comments: _____

TOTAL HOURS: 121 REQUIRED

*Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100: University Success: however, the student must take 2 hours of general electives to replace the UNIV course.

Student Signature: _____ Advisor Signature: _____