

**BACHELOR OF
SCIENCE**
**HEALTH, PHYSICAL
EDUCATION & RECREATION**
Therapeutic Recreation

The mission of the Department of Health, Physical Education and Recreation is to increase health equity throughout Mississippi. To accomplish this mission, the Health, Physical Education and Recreation major with a concentration in Therapeutic Recreation prepares students in the systemic process of utilizing recreation and activity-based interventions to treat persons with physical illness, mental illness, or other disabling conditions. Graduates of this discipline are highly qualified to sit for the Certified Therapeutic Recreation Specialists (CTRS) certification and work in hospitals, clinics, rehabilitation centers and a variety of other field locations. Students also gain hands-on experience through internship opportunities during their senior year.

*College of
Education
and Human
Development*



COURSE TYPE DESCRIPTIONS

General Education Core	GEC	General Education Core (GEC) courses are courses that every student must take in order to obtain a degree from Jackson State University. GEC courses are essential to every undergraduate degree at Jackson State University. Collectively, there are 30 credit hours of GEC course requirements.
General Education Pathway	PATH	General Education Pathway (PATH) courses are courses that are connected through interdisciplinary themes and are selected at the student's discretion to fulfill the general education curriculum. Through experiential learning and reflective writing, students will have the opportunity to integrate knowledge across courses, develop their skills and an enhanced sense of civic responsibility. Students select nine (9) hours from the pathway of choice. Each pathway concludes with a related one (1) credit hour a University Required (UR) course.
University Required	UR	University Required (UR) courses are courses that are specific to Jackson State University and are designed to integrate students within the Jackson State University community by promoting student success resources, strategies and high impact practices.
Degree Program Requirement	DPR	Degree Program Required (DPR) courses are courses that are required for completion of a degree program within the specified major.
Electives	DPE or GEL	Electives are courses selected at a student's discretion and provide opportunities for students to pursue their academic interests. There are two types of electives. Degree Program Elective (DPE) courses are elective courses that are partially restricted such that students select courses from a specified group of identified courses (e.g., departmental elective courses) to fulfill a particular requirement. General Elective (GEL) courses are courses that may be selected from any program for which the student has fulfilled the proper prerequisites.
Professional Concentrations	PC	Professional Concentration (PC) courses complement Degree Program Required courses and allow students to have a concentrated area of study within the major.

FRESHMAN YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 100	University Success	2	UR		
ENG 104	Composition I	3	GEC		
TREC 104	Introduction to Therapeutic Recreation	3	DPR		
BIO 101 & BIOL 101	Introduction to Biological Sciences & Lab	3	GEC		
	Humanities & Fine Arts Option	3	GEC		
	Mathematics Option	3	GEC		
	TOTAL CREDIT HOURS	17	TERM GPA:		

Comments:

FRESHMAN YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
ENG 105	Composition II	3	GEC		
HE 101	Concepts of Health	3	DPR		
	Humanities & Fine Arts Option	3	GEC		
	Natural Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	15	TERM GPA:		

Comments:

SOPHOMORE YEAR FALL 1ST SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
REC 205	Cultural and Recreation Program Planning	3	DPR		
TREC 218	History and Philosophy of Therapeutic Recreation	3	DPR		
TREC 225	Therapeutic Recreation Practicum	1	DPR		
ENG 213, ENG 218 or ENG 228	English Option	3	DPE		
	Social & Behavioral Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	16	TERM GPA:		

Comments:

SOPHOMORE YEAR SPRING 2ND SEMESTER

COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
UNIV 200	Civic Engagement	1	UR		
PSY 201	General Psychology	3	DPR		
	PE Elective	1	DPE		
	Humanities & Fine Arts Option	3	GEC		
	Social & Behavioral Science Option	3	GEC		
	Pathway Option	3	PATH		
	TOTAL CREDIT HOURS	14	TERM GPA:		

Comments:

JUNIOR YEAR FALL 1ST SEMESTER					
COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
PSY 216	Abnormal Psychology	3	DPR		
REC 307	Recreation Leadership	3	DPR		
REC 350	Intro to Leisure Education	3	DPR		
PE 309	Elementary, Sec, and Folk Dance	1	DPR		
PE 319	Kinesiology	3	DPR		
BIO 234 & BIOL 234	Human Anatomy and Physiology I and Lab	4	DPR		
TOTAL CREDIT HOURS		17	TERM GPA:		

Comments:

JUNIOR YEAR SPRING 2ND SEMESTER					
COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
REC 305	Facility Design and Maintenance	3	DPR		
TREC 325	Practicum in Therapeutic Recreation	1	DPR		
TREC 329	Program Design and Evaluation in Therapeutic Recreation	3	DPR		
TREC 313	Implications of Disabling Conditions	3	DPR		
COUN 315	Human Growth and Development	3	DPR		
	PE Elective	1	DPE		
TOTAL CREDIT HOURS		14	TERM GPA:		

Comments:

SENIOR YEAR FALL 1ST SEMESTER					
COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
TREC 415	Current Issues & Trends in Therapeutic Recreation	3	DPR		
TREC 421	Management in Therapeutic Recreation	3	DPR		
TREC 418	Principles, Practices, and Procedures in Therapeutic Recreation	3	DPR		
TREC 423	Research and Evaluation in Therapeutic Recreation	3	DPR		
TOTAL CREDIT HOURS		12	TERM GPA:		

Comments:

SENIOR YEAR SPRING 2ND SEMESTER					
COURSE	COURSE TITLE	CREDIT HOURS	COURSE TYPE	GRADE	SUCCESS MARKER/NOTE
TREC 405	Outdoor Recreation Programming	3	DPR		
TREC 424 *	Seminar in Therapeutic Recreation	3	DPR		
TREC 425 *	Internship in Therapeutic Recreation	9	DPR		
TOTAL CREDIT HOURS		15	TERM GPA:		

Comments: All courses must be completed prior to enrolling in REC 424 and REC 425.

TOTAL HOURS: 120 REQUIRED

*Candidates that transfer 12 or more hours of college credit are exempt from UNIV 100: University Success: however, the student must take 2 hours of general electives to replace the UNIV course.

Student Signature: _____

Advisor Signature: _____